

# TRADE

## BAGELS

\*Limited availability

SMOKED SALMON, CREAM CHEESE, ROCKET ON PLAIN | 7.9

CHICKEN MAYO, AVOCADO & LETTUCE ON SESAME | 7.9

TUNA MAYO, TOMATO, OLIVE & LETTUCE ON SESAME | 7.9

EGG SALAD WITH ROCKET ON PLAIN [V] | 7.9

## HOT BREAKFAST ROLLS

Perfect breakfast on the go, served on soft cholla rolls

BACON, EGG & CHEESE | 9

SAUSAGE, EGG & CHEESE | 9.5

AVO, EGG & CHILLI OIL [V] | 8.9

## BREAKFAST & BRUNCH

Served all day

PORRIDGE WITH CHIA AND PUMPKIN SEEDS (GF) | 9.5

With peanut butter and seasonal compote

SEASONAL FRUIT COMPOTE [V] | 10

With Greek yoghurt & Frankie's granola

SMASHED AVO [V] | 10.5

With lime, feta, mint & chilli on toasted sourdough

TWO FREE RANGE EGGS ON SOURDOUGH TOAST [V] | 9.2

Poached or scrambled

SHAKSHOUKA [V] | 16

Slow cooked tomato and red pepper sauce, poached eggs, tahini, feta, parsley served with warm pita bread

TURKISH EGGS [V] | 16.9

Herbed garlic yoghurt, poached eggs, Aleppo chilli butter, jalapeño oil, tomato, hot pitta

CORNBREAD & SMOKED BEANS [V] | 16.9

TRADE-made cornbread, poached eggs, smoked beans, yoghurt, avocado, coriander, lime

CHORIZO, CHILLI & EGGS | 15

Scrambled eggs, chorizo, crispy chilli, grilled sourdough

APPLE, CINNAMON, FRENCH TOAST | 15

French dipped brioche, caramel apples, vanilla custard, praline & cinnamon sugar

MISO AUBERGINE [V] | [VG] | 16

Smashed avo & miso roasted aubergine on grilled sourdough, topped with a hazelnut cashew, sesame & almond dukkah (served either vegan or with crumbed feta) Add a poached egg +2.5

PASTRAMI BENEDICT (OR SALMON / HAM ON REQUEST) | 16

House smoked pastrami, poached eggs, hollandaise on a toasted cholla roll

## BRUNCH SIDES

SMOKED PASTRAMI | 5.5

STREAKY BACON | 4

SMOKED SALMON | 5.5

GRILLED CHORIZO | 4

MUSHROOM PASTRAMI [VG] | 4

SMOKED BEANS | 4

CHICKEN | 4

NAPOLI SAUSAGE | 5

SMASHED AVO (FETA, LIME, CHILLI) | 4

VEGAN SMASHED AVO | 4

SLICED AVO | 4

CRISPY CHILLI | 2

HOLLANDAISE | 2

EXTRA EGG | 2.5

## TRADEMARK SANDWICHES

Our eclectic mix of reinvented classic and original hot sandwiches, featuring our TRADE-made smoked pastrami, smoked turkey and more

CHICKEN & BACON CLUB | 15

Grilled chicken, bacon, TRADE-sauce, lettuce, avocado, tomato, onion jam on brioche

GRUBER | 17

Double pastrami, smoked turkey, Swiss cheese, TRADE-sauce, pickles, lettuce on brioche

REUBEN | 16

Double pastrami, sauerkraut, Swiss cheese, TRADE-sauce on east end rye

CLASSIC PASTRAMI | 15

Double pastrami, house pickles, TRADE-sauce on east end rye

CUBAN CLUB | 15

Smoked turkey, ham, Swiss cheese, cranberry jam, TRADE-sauce, lettuce on brioche

HALLOUMI CLUB [V] | 15

Grilled halloumi, chilli jam, lettuce, olive tapenade, tomato, avo, burnt lemon juice on brioche

RACHEL | 15

Double smoked turkey, Swiss cheese, sauerkraut, TRADE-sauce on east end rye

MUSHROOBEN [VG] | 14

Mushroom pastrami, sauerkraut, vegan cheese, vegan TRADE-sauce on east end rye

## SOURDOUGH GRILLED CHEESE

Made with our secret three cheese mix and your choice of filling:

JUST CHEESE | 9.5

MUSHROOM PASTRAMI | 11

BASIL PESTO | 10.5

CHORIZO | 11

SMOKED TOMATO CHILLI JAM | 10.5

SMOKED PASTRAMI | 12

TUNA MAYO | 11

ANY TWO FILLINGS | 14

HAM | 11

## BUTTERMILK PANCAKES

SERVED WITH MAPLE SYRUP [V] | 10

ADD:

CHOCOLATE CHIPS, BANANA & PEANUT BUTTER | +6

RICOTTA, MASCARPONE & FRESH BERRIES | +6

EGGS & BACON | +7

## SIDES, SNACKS & SHARERS

GRILLED JALAPEÑO CORNBREAD, BUTTER [V] | 6.5

PASTRAMI BURNT-END POTATO LATKES [GF] | 6.5

TRADE-MADE HUMMUS, PAPRIKA OIL, PITTA BREAD [V] | 7

## OUR FAMILY BUSINESS

WE PAY TRIBUTE TO FRANKIE BOLTMAN, A CHERISHED MEMBER OF OUR FAMILY WHO PLAYED A PIVOTAL ROLE IN THE DEVELOPMENT OF TRADE. FRANKIE'S VISIONARY LEADERSHIP, FLAIR AND PASSION FOR GREAT FOOD CONTINUE TO INSPIRE US. MANY OF THE IDEAS AND RECIPES WE ARE KNOWN FOR ARE FRANKIE'S CREATIONS. WE DEDICATE THIS MENU TO HIS MEMORY, AS A REMINDER OF THE VALUES HE INSTILLED IN OUR BUSINESS AND IN OUR FAMILY.

- MARION, ELLIE & ALEX

\*GLUTEN FREE BREAD AVAILABLE UPON REQUEST

IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS PLEASE NOTIFY YOUR SERVER SO THEY CAN INFORM THE KITCHEN. PLEASE NOTE WE HAVE A SMALL KITCHEN THAT HANDLES MANY PRODUCTS AND WE ARE UNABLE TO GUARANTEE THERE WON'T BE TRACES OF ALLERGENS IN ANY OF OUR PRODUCTS

# TRADE

## COFFEE

Hand roasted in our London roastery, currently serving a single origin Brazil with bright flavour notes of apple, peach and milk chocolate

### HOT

ESPRESSO | 3.5  
LONG BLACK | 3.7  
CAPPUCCINO | 4  
MACCHIATO | 3.7  
MOCHA | 4.2  
FLAT WHITE | 4  
LATTE | 4  
CORTADO | 3.7  
CHAI LATTE | 4  
DIRTY CHAI | 4.25  
HOT CHOCOLATE | 4  
MATCHA LATTE | 4.3

### ICED

ICED LATTE | 4.6  
ICED MOCHA | 4.5  
ICED AMERICANO | 3.9  
ICED CHAI LATTE | 4.3  
ICED DIRTY CHAI | 4.8  
ICED COLD BREW | 5  
ICED MATCHA | 4.6

### COFFEE EXTRAS

LARGE | +0.6  
ALTERNATIVE MILKS | +0.2  
EXTRA SHOT | +1

## TEA

CUP | 2.9 POT | 4.5

ENGLISH BREAKFAST | EARL GREY | DRAGON WELL GREEN |  
PERSIAN POMEGRANATE | WHITE PEAR & GINGER |  
CITRUS CHAMOMILE | FRESH MINT (POT ONLY)

## BAKERY

### PASTRIES

CROISSANT | 3 PAIN AU CHOCOLAT | 3.6  
PAIN AU RAISIN | 3.5 CINNAMON BUN | 3.9  
ALMOND PAIN AU CHOCOLAT | 3.95

### COOKIES

SOFT CHOCOLATE CHIP COOKIE | 3.6 PEANUT BUTTER AND DARK  
CHOCOLATE CHIP COOKIE | 3.1  
OAT, RAISIN AND CHOCOLATE CHIP  
COOKIE [GF] | 3.6 CHOCOLATE CHIP SHORTBREAD | 3.2  
FRANKIE'S HAZELNUT  
GRANOLA BAR [GF] | 3.9

### CAKES

BASQUE BURNT CHEESECAKE [GF] | 6  
CARROT CAKE WITH CREAM CHEESE FROSTING | 5  
LEMON DRIZZLE CAKE WITH LEMON GLAZE ICING | 4.5  
BANANA AND ALMOND CAKE | 4  
CHOCOLATE FUDGE CAKE | 4.9  
NUTELLA ROLL | 4  
APPLE CAKE | 4  
SALTED CARAMEL BROWNIE [GF] | 4.5  
VEGAN CHOC DATE NUT BAR [VG][GF] | 4.2  
PEANUT CHOCOLATE KRISPEE CUP [GF] | 3.8

## TRADE-MADE COCKTAILS

### TRADE SUMMER | 10

White port, peach, lemon soda

### CLASSIC BLOODY MARY | 10

Tomato juice, vodka, lemon, Tabasco, Henderson's, black pepper

### SUNSHINE MARGARITA | 10

Tequila, lime, Cointreau, fresh OJ

### ESPRESSO MARTINI | 10

Espresso, Mr. Black, Vodka

## WINE

125ml Glass | 175ml Glass | Carafe

ORGANIC RED 9 | 10 | 22  
ORGANIC WHITE 9 | 10 | 22  
S.O.F ROSÉ (SUMMER ONLY) 9 | 10 | 22

175ml Glass | Bottle

PROSECCO 12 | 29

## BEER

BEAVERTOWN NECK OIL (IPA) - (HALF/PINT) | 4 | 6.9  
LUCKY SAINT ALCOHOL FREE | 5.5

## JUICES, SMOOTHIES & SOFTS

### FRESHLY SQUEEZED

ORANGE JUICE | 5.9  
PINK GRAPEFRUIT JUICE | 5.9  
NATURAL APPLE JUICE | 5.8

### SOFTS

MOMO KUMBUCHA | 5.5  
Raspberry - Hibiscus | Ginger - Lemon |  
Turmeric | Elderflower  
SAN PELLEGRINO | 4  
Lemonata | Aranciata | Aranciata Rossa

### COLD PRESS

GOLDEN RATIO | 7.3  
Apple, carrot, lemon, ginger, turmeric  
EVERGREEN | 7.3  
Cucumber, apple, spinach, kale, lemon  
RISE UP | 7.3  
Beetroot, apple, lemon, ginger

COKE/ DIET COKE | 3

STILL WATER | 2

SPARKLING WATER | 2

## HOUSE SMOOTHIES

DETOX | 6.8  
Apple, cucumber, spinach, kiwi, ginger, lemon  
PINK | 6.8  
Summer fruits & berries, mango, banana, orange juice