

TRADE

— ESSEX ROAD —

HOT BREAKFAST ROLLS

PERFECT BREAKFAST ON THE GO, SERVED ON SOFT CHOLLA ROLLS. SERVED UNTIL 11 AM

BACON, EGG & CHEESE 6

TWO RASHERS BACON, FRIED EGG AND CHOICE OF KETCHUP OR SMOKED TOMATO CHILLI JAM, CHOLLA

NAPOLI SAUSAGE, EGG & TOMATO 7

NAPOLI SAUSAGE PATTY, FRIED EGG, CONFIT TOMATO, CHOLLA

EGG, AVOCADO & CRISPY CHILLI [V] 6

FRIED EGG, SMASHED AVOCADO, CRISPY CHILLI OIL

BREAKFAST & BRUNCH

ALL DAY BREAKFAST & BRUNCH MENU SERVED UNTIL 4PM

ALMOND & COCONUT BIRCHER MUESLI [VG] 7

WITH WYE VALLEY RHURBARB COMPOTE & PISTACHIO

SMASHED AVO ON SOURDOUGH [V] 8

MIXED WITH LIME, FETA, MINT, CHILLI & PEA SHOOTS SERVED ON GRILLED SOURDOUGH WITH GRILLED CHORIZO (£10)

TWO FREE RANGE EGGS ON TOASTED SOURDOUGH [V] 6,5

(POACHED OR SCRAMBLED)

ADD SIDES:

CONFIT TOMATO <small>vg</small>	3
MUSHROOM PASTRAMI	4
SMOKED PASTRAMI	4
STREAKY BACON	3
SMASHED AVOCADO	4
GRILLED CHORIZO	3
SMOKED SALMON	4

CHAR SIU PORK BELLY, CORNBREAD & PICKLES 12

CONFIT PORK BELLY, CHAR SIU KETCHUP, GRILLED HOMEMADE CORNBREAD, BREAD & BUTTER PICKLES, POACHED EGG

CHORIZO, CHILLI, & EGGS 11

SCRAMBLED EGGS, GRILLED CHORIZO, CRISPY CHILLI SAUCE, GRILLED SOURDOUGH

MISO AUBERGINE, AVOCADO & DUKKAH [V/VG] 12

ON GRILLED SOURDOUGH, SERVED EITHER VEGAN OR WITH FETA AND A HAZELNUT, CASHEW, SESAME & ALMOND DUKKAH (ADD POACHED EGG £1.5)

PASTRAMI BENEDICT 11

HOUSE SMOKED PASTRAMI WITH TWO POACHED EGGS & HOLLANDAISE ON A TOASTED CHOLLA ROLL

BANANA & PEANUT BUTTER GRILLED SOURDOUGH [V] 8

(ADD BACON £2) SERVED WITH MAPLE SYRUP

BUTTERMILK PANCAKES [V] 8

SERVED WITH MAPLE SYRUP

ADD:

CHOC CHIPS, BANANA & PEANUT BUTTER (+4,5)

RICOTTA, MARSCAPONE & FRESH BERRIES (+4,5)

TWO EGGS & BACON (+5)

SHORT-RIB HAMBURGERS

PRIME ANGUS/HEREFORD SHORT-RIB PATTIES, WITH LETTUCE, TOMATO, RED ONION, HOUSE BREAD & BUTTER PICKLES, TRADE SECRET BURGER SAUCE, SERVED ALL DAY

HAMBURGER 10

CHEESEBURGER 11

BACON CHEESEBURGER 14

TRADEMARK SANDWICHES

OUR ECLECTIC MIX OF REINVENTED CLASSIC & ORIGINAL HOT SANDWICHES, FEATURING OUR TRADE-MADE SMOKED PASTRAMI, SMOKED TURKEY AND MORE

CHICKEN & BACON CLUB 10

GRILLED CHICKEN THIGH, BACON, TRADE SAUCE, LETTUCE, AVOCADO, TOMATO, ONION JAM, BRIOCHE BUN

GRUBER 13

DOUBLE PASTRAMI, SMOKED TURKEY, SWISS CHEESE, TRADE SAUCE, BREAD & BUTTER PICKLES, LETTUCE, BRIOCHE BUN

REUBEN 11

PASTRAMI, SAUERKRAUT, SWISS CHEESE, TRADE SAUCE, EAST END RYE

CLASSIC TRADE PASTRAMI 10

PASTRAMI, BREAD & BUTTER PICKLES, TRADE SAUCE, EAST END RYE

CUBAN CLUB 10

SMOKED TURKEY, HAM, SWISS CHEESE, CRANBERRY JAM, TRADE SAUCE, LETTUCE, BRIOCHE BUN

HALLOUMI CLUB [V] 10

GRILLED HALLOUMI, CHILLI JAM, LETTUCE, OLIVE TAPENADE, TOMATO, AVOCADO, BURNT LEMON JUICE, BRIOCHE BUN

PEANUT PORK 11

PORK BELLY, HOI SIN DRESSING, PEANUT, CUCUMBER, TRADE SAUCE, LETTUCE, KIMCHI, BRIOCHE BUN

RACHEL 10

SMOKED TURKEY, SWISS CHEESE, SAUERKRAUT, TRADE-SAUCE, EAST END RYE

MUSHROOBEN [VG] 10

MUSHROOM PASTRAMI, SAURKRAUT, VEGAN CHEESE, VEGAN TRADE-SAUCE, EAST END RYE

SALADS & GRAINS

A SEASONALLY CHANGING SELECTION OF **PLANT BASED** HEALTHY AND DELICIOUS SALADS, MADE TO ORDER

CAULIFLOWER SHWARMA [VG] 9

KALE, FREEKEH, FINE BEANS, POMEGRANATE, GREEN TAHINA, SOY YOGHURT

KOREAN GRILLED TOFU [VG] 8

BROCCOLI, SUGARSNAPS, EDAMAME, CORIANDER, PEANUTS

SOURDOUGH GRILLED CHEESE

MADE WITH OUR SECRET THREE CHEESE MIX AND YOUR CHOICE OF FILLING:

JUST CHEESE 6	PESTO 7
CHILLI JAM 7	KIMCHI 7
MUSHROOM PASTRAMI 8	TUNA 7
HAM 7	CHORIZO 8
PASTRAMI 8	
ANY TWO FILLINGS	10

SIDES, SNACKS AND SHARERS

SKINNY FRIES SERVED WITH TRADE SAUCE 4

TRUFFLE FRIES SERVED WITH TRADE SAUCE 4,5

GRILLED JALAPENO CORNBREAD, BUTTER [V] 5

PASTRAMI BURNT-ENDS POTATO LATKES 5

SWEET POTATO HOUMOUS, ZA'ATAR PITTA CHIPS [VG] 5

HOUSE BREAD & BUTTER PICKLES [VG] 2

IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS AT ALL PLEASE NOTIFY YOUR SERVER SO THEY CAN INFORM THE KITCHEN. PLEASE NOTE WE HAVE A SMALL KITCHEN THAT HANDLES MANY PRODUCTS AND WE ARE UNABLE TO GURANTEE THAT THERE WON'T BE TRACES OF ALLERGENS IN ANY OF OUR PRODUCTS.

WIFI: TRADE COFFEE | PASSWORD: ilovetrade | INSTAGRAM @trade_coffee | FACEBOOK @tradecommercialstreet

COFFEE & HOT DRINKS

ESPRESSO 2.5 LONG BLACK 2.9
 FLAT WHITE 3 LATTE 3
 CAPPUCCINO 3 MACCHIATO 2.7
 DOUBLE CORTADO 2.7 PICCOLO 2.7
 MOCHA 3.2

HOT CHOCOLATE 3 CHAI LATTE 3
 DIRTY CHAI LATTE 3.4

SOY / ALMOND / OAT MILK + 0.40
 LARGE CUP + 0.40 EXTRA SHOT + 0.40

TEA 2.20 CUP / 3.50 POT

ENGLISH BREAKFAST | EARL GREY | DRAGONWELL GREEN |
 PERSIAN POMEGRANATE | WHITE PEAR & GINGER | CITRUS
 CHAMOMILE | FRESH MINT (POT ONLY)

ICED COFFEE & TEA

ICED TEA 3.5 COLD BREW 3.5
 ICED AMERICANO 3.5 ICED LATTE 3.5
 ICED MOCHA 3.95 ICED CHOCOLATE 3.95
 ICED CHAI LATTE 3.95 ICED DIRTY CHAI 4.35

SOY / ALMOND / OAT MILK + 0.40

JUICES & SMOOTHIES

ORANGE JUICE 4
 PINK GRAPEFRUIT JUICE 4
 DETOX SMOOTHIE 4.5
 APPLE, CUCUMBER, SPINACH, KIWI, GINGER, LEMON
 PINK SMOOTHIE 4.5
 SUMMER FRUITS & BERRIES, MANGO, BANANA & ORANGE JUICE

COLD DRINKS

JARR KOMBUCHA 4
 ORIGINAL | RASPBERRY | GINGER | PASSION FRUIT
 COKE | DIET COKE 2
 SAN PELLEGRINO 3
 LIMONATA | ARANCIATA | ARANCIATA ROSSA

TRADEMARK COCKTAILS

CHILLI JAM MARY 8
 SMOKED TOMATO CHILLI JAM, SPICES, TOMATO JUICE, VODKA, LEMON

EARL GREY COLLINS 8
 EARL GREY TEA, GIN, CLUB SODA

PEACH & THYME SPRITZ 8
 ROASTED PEACH, THYME, ROSEMARY, WHITE WINE, SODA

COOPER'S FIZZ 8
 COOPER'S MARMELADE, GIN, PROSECCO

SINGLE ORIGIN ESPRESSO MARTINI 9
 SAN FERMIN ESPRESSO, MR. BLACK, VODKA

BEERS

BY THE KERNEL IN BERMONDSEY MAKE EXCEPTIONAL ARTISAN BEER. EACH BREW IS UNIQUE AND THE HOPS AND ABV MAY VARY

TABLE BEER 3.2% ABV, 330ML BOTTLE 4
 PALE ALE, MOSAIC 5.4% ABV, 330ML BOTTLE 5
 IPA, CITRA CENTENNIAL 7% ABV, 330ML BOTTLE 5

WINE

175ML / 750 ML

SPARKLING

PROSECCO BEL CANTO, ITALY 7 / 20

WHITE

DOMINIO DE LA FUENTE VERDEJO, ORGANIC, 2019, SPAIN 6 / 16

THE PARODIST PINOT GRIGIO, VEGAN 2019, HUNGARY 7 / 18

KRIZNO, SAUVIGNON BLANC, VEGAN, 2018, SLOVENIA 8 / 22

RED

DOMINIO DE LA FUENTE TEMPRANILLO, ORGANIC, 2019 SPAIN 6 / 16

FIVE RAVENS PINOT NOIR, VEGAN 2019, ROMANIA 7 / 18

MOZZAFIATO PRIMITIVO, VEGAN, 2019, ITALY 8 / 22

ROSÉ

BALADE ROMANTIQUE, 2019, SOUTH OF FRANCE 8 / 22

BAKERY

CAKES, COOKIES & SWEET TREATS

PEANUT BUTTER & CHOCOLATE CHIP COOKIE 2.4

OAT, RAISIN & CHOCOLATE COOKIE 2.4

CARROT CAKE 3.95

BLUEBERRY & COCONUT CAKE 3.95

LEMON DRIZZLE CAKE 3.95

SALTED CARAMEL BROWNIE 3.95

CHOCOLATE CHIP SHORTBREAD COOKIE 2.4

GRANOLA BAR (GF) [SALTED CARAMEL | HAZELNUT] 3

BANANA & ALMOND CAKE 3.95

CHOCOLATE FUDGE CAKE 3.95

VEGAN DATE AND NUT BAR 4

NUTELLA ROLL 3.95

PASTRIES

CROISSANT 2.5

PAIN AU CHOCOLAT 2.75

PAIN AU RAISIN 2.75

ALMOND PAIN AU CHOCOLAT 2.95